

**Medical School**

Department of Psychiatry & Behavioral Sciences

1941 East Road [BBSB 3118]

Houston, TX 77054

**Isabelle E. Bauer, Ph.D.**

*1941 East Road*

*77054 Houston*

*+1-713-486-2624*

*Email: Isabelle.E.Bauer@uth.tmc.edu*

Dr Alan Schatzberg

Editor-in-Chief

Journal of Psychiatric Research

29 July 2015

**Re: Interventions targeting dietary habits, exercise and well-being in bipolar disorder: a systematic review**

*By Bauer, I.E., Galvez, J.F., Hamilton, J.E., Balanza-Martinez, V., Zunta-Soares, G., Soares, J.C., Meyer, T.D.*

Dear Dr Schatzberg,

We would like to submit a review entitled *“Interventions targeting dietary habits, exercise and well-being in bipolar disorder: a systematic review*” for consideration for publication in the Journal of Psychiatric Research. We believe that this article would be of interest to your readership as it reviews previous literature focusing on lifestyle interventions targeting nutrition and exercise in bipolar disorder.

We herewith confirm that this manuscript has not been published elsewhere and is not under consideration by another journal. All authors have approved the manuscript and agree with its submission to the Journal of Psychiatric Research.

We hope that you will consider our manuscript for publication.

Yours sincerely

Isabelle Bauer, Ph.D. (for the authors)

University of Texas Health Science Center

Department of Psychiatry and Behavioral Science

1941 East Rd

Houston, 77054 - USA

Isabelle.E.Bauer@uth.tmc.edu